

Every Reading Counts: Your Contribution to Better Blood Pressure Outcomes

Effective Hypertension Management is Crucial

As a clinician, you play a vital role in improving health outcomes and helping patients achieve their goals, particularly in managing blood pressure to prevent heart attacks and strokes.

By focusing on detailed documentation, you can demonstrate your impact and enhance patient care by ensuring all relevant information is included. Below are a few quick tips and codes to help make it easier.

Controlling Blood Pressure (CBP): Best Practices and Helpful Tips



Check blood pressure at all patient visits and prioritize follow-up appointments for hypertensive patients.



Have the member check blood pressure with an automated cuff at home during telehealth visits.



Document blood pressure values as captured. Do not round up. Do not include ranges or averages.



For members with chronically elevated blood pressure, consider lifestyle modifications and/or changing medication or dosage.



If the blood pressure is elevated, retake and document additional measurements in the medical record.



Document appropriate ICD-10 and Current Procedural Terminology Category II (CPT® II) codes to reflect data captured during office and telehealth visits.

Non-compliant blood pressure readings should be submitted for Healthcare Effectiveness Information and Data Set (HEDIS^{®1}) reporting requirements. It also helps target members for initiatives and care management services.

CPT II Codes and Descriptions

<u>Systolic</u>	<u>Diastolic</u>
<130 mmHg: 3074F	<80 mmHg: 3078F
130-139 mmHg: 3075F	80-89 mmHg: 3079F
≥140 mmHg (non-compliant): 3077F	≥90 mmHg (non-compliant): 3080F

¹HEDIS is a registered trademark of the National Committee for Quality Assurance (NCQA).

**Keep this coding reference guide handy when assigning
ICD-10-CM codes for your hypertensive patients.**

Disease State	Code Description	ICD-10-CM Code
Hypertension Controlled	Essential (primary) hypertension	I10
Hypertensive Heart Disease*	Hypertensive heart disease with heart failure	I11.0 Code also: Heart failure type (I50.-)
	Hypertensive heart disease without heart failure	I11.9
Hypertensive Chronic Kidney Disease (CKD)*	Hypertensive CKD with stage 5 CKD or ESRD	I12.0 Code also: CKD stage (N18.5, N18.6) + Dialysis status (Z99.2), if applicable
	Hypertensive CKD with stage 1-4 CKD, or unspecified CKD	I12.9 Code also: CKD stage (N18.1 – N18.4, N18.9)
Hypertensive Heart and Chronic Kidney Disease (CKD)*	Hypertensive heart and CKD with heart failure and stage 1-4 CKD, or unspecified CKD	I13.0 Code also: CKD stage (N18.1 – N18.4, N18.9) + Heart failure type (I50.-)
	Hypertensive heart and CKD without heart failure and stage 1-4 CKD, or unspecified CKD	I13.10 Code also: CKD stage (N18.1 – N18.4, N18.9)
	Hypertensive heart and CKD with heart failure and with stage 5 CKD or ESRD	I13.2 Code also: CKD stage (N18.5, N18.6) + Dialysis status (Z99.2), if applicable + Heart failure type (I50.-)
Secondary Hypertension	Hypertension caused by another underlying condition	I15.-  Code also: underlying condition
Hypertensive Crisis	Hypertensive urgency or emergency	I16.-  Code also: any identified hypertensive disease (I10-I15, I1A)
Resistant Hypertension	Treatment resistant hypertension	I1A.-  Code first: specific type of hypertension, if known
Transient Hypertension	Elevated blood-pressure reading, without diagnosis of hypertension	R03.0

Resources: [FY 2026 ICD-10-CM Official Guidelines for Coding and Reporting](#)

***ICD-10-CM presumes causal relationships between hypertension and heart/kidney involvement unless documentation explicitly states conditions are unrelated.**

For questions about the CBP measure and related coding tips, contact us at MedicareStarsTeam@bcbsfl.com.

The information provided is based on HEDIS measures. For more information, visit [FloridaBlue.com](https://floridablue.com). Select *For Providers*, then *Programs*, and navigate to *Quality: HEDIS & PQA Measures*.