

## Management of Urinary Incontinence in Older Adults (MUI)

By working together, we can improve health outcomes for your patients, our members. The Healthcare Effectiveness Data and Information Set (HEDIS®) helps us measure many aspects of performance. This tip sheet provides key details of the HEDIS measure for management of Urinary Incontinence in Older Adults.

### What is the Measure?

The following components of this quality measure assess the management of urinary incontinence in older adults:

- **Discussing Urinary Incontinence.** The percentage of persons with Medicare, 65 years of age and older, who reported having urine leakage in the past six months and who discussed their urinary incontinence with a health care provider.
- **Discussing Treatment of Urinary Incontinence.** The percentage of persons with Medicare, 65 years of age and older, who reported having urine leakage in the past six months and who discussed treatment options for their urinary incontinence with a health care provider.
- **Impact of Urinary Incontinence.** The percentage of persons with Medicare, 65 years of age and older, who reported having urine leakage in the past six months and who reported that urine leakage made them change their daily activities or interfered often with their sleep.

**Note:** A lower rate indicates better performance for this indicator.

### Exclusions

Evidence from Centers for Medicare & Medicaid Services administrative records of a hospice start date during the measurement period.

### Eligible Population

Persons with Medicare, 65 years of age and older, as of December 31 of the measurement period.

### Protocol and Survey Instrument

Collected using the Health Outcomes Survey (HOS). Refer to HEDIS Volume 6: Specifications for the Medicare HOS for the questionnaires and data collection protocols.

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