

**Inpatient treatment:** Treatment is provided in a facility with a multidisciplinary treatment team. Diagnostic and treatment services are available to hospitalized patients. These services are usually unavailable or only partially available in outpatient facilities. Member must meet medical necessity criteria for the level of care. Treatment is not for domiciliary or respite care.

Treatment	Focus	Description of Treatment	Average Course of Treatment
Inpatient Hospital	Highest level of BH treatment  Member acute with risk of harm to self or others and severe dysfunction due to the onset or exacerbation of symptoms.	24/7 care in hospital setting that provides psychiatric, medical, and nursing services  Treatment generally occurs on a locked floor. Psychiatric assessment generally occurs daily.	Varies depending on clinical presentation
Residential Treatment	Symptoms of a behavioral health problem are severe and interfering with ability to function in various life aspects.  May be offered on a locked or unlocked floor. Patients always have access to care.	24/7 care in Facility Setting that allows for psychiatric care  Involves family members and support system	Can range from seven to 90 days
Partial Hospitalization Program (PHP)	Most intensive type of outpatient treatment.  The program is often offered as an alternative to hospitalization or as a step down from hospitalization.	It may be provided in a clinical setting or in the community such as an assertive community treatment team. Patients are seen by psychiatry at least weekly but can be seen daily by a prescribing provider.  Medical Services are available including remote access for emergencies. Case management and family therapy is available. Nursing services are available on-site about 40 hours per week. Rehabilitative Services are integral.	Five days per week for 20 hours a week  Typically, two to three weeks

**Reference:**

American Psychiatric Association (APA): [APA Dictionary of Psychology](#) or [Psychiatry.org - Home](#)

Lucet Health: [Home | Lucet Health \(LucetHealth.com\)](#)

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