

## Follow-Up After Hospitalization for Mental Illness (FUH)

By working together, we can improve health outcomes for your patients, our members. The Healthcare Effectiveness Data and Information Set (HEDIS®) helps us measure many aspects of performance. This tip sheet provides key details of the HEDIS measure for follow-up after hospitalization for mental illness (FUH).

### What Is the Measure?

The measure includes the percentage of discharges between January 1 and December 1 of the measurement year for members age 6 and older who were hospitalized for treatment of selected mental illnesses or intentional self-harm diagnoses and had a follow-up visit with a **mental health provider**.

Two rates are reported:

1. The percentage of discharges with a follow-up visit within 30 days after discharge
2. The percentage of discharges with a follow-up visit within seven days after discharge

### How to Improve Your Quality Score

- Ensure the patient has a plan for a follow-up office visit (i.e., intensive outpatient, partial hospitalization program, community mental health center, electroconvulsive therapy, telehealth, observation, or a transitional care visit) with a mental health provider within seven and 30 days after discharge.
- Do not include visits that occur on the same day of discharge; they do not meet the requirements for this measure.
- Schedule the patient for a follow-up appointment before discharge; the appointment can be either in person or a telephone visit.
- Contact the patient before the visit and remind them of its importance.
- Educate inpatient and outpatient providers about clinical practice guidelines and the measure.
- Engage parents/guardian/family/support system and/or significant others in the treatment plan. Advise them about the importance of treatment and attending appointments.
- Use Lucet, a New Directions company, Behavioral Health Network and Case Management services as needed.
  - **Lucet Behavioral Health Member Services:** Members can call 1-866-287-9569 Monday through Friday, 8 a.m. – 8 p.m. ET, for help locating a behavioral healthcare professional or coordination of care.

Continued next page

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## How to Improve Your Quality Score (continued)

- **Lucet Behavioral Health Physician and Case Management Services:** Providers who need help locating a behavioral health professional or setting up coordination of care for a patient can call the Lucet Case Management team at 1-866-350-2280 Monday through Friday, 7:30 a.m. – 5:30 p.m. ET.
- **Florida Blue Member Services:** Use phone number on the back of the member ID card.

## Exclusions

- Members in hospice care or using hospice services anytime during the measurement year
- Members who died anytime during the measurement year

## Behavioral Codes

Description	CPT	HCPCS
<b>Behavioral Healthcare Setting</b>	98960–98962; 99078; 99202- 99205; 99211- 99215; 99242-99245; 99341-99342; 99343-99345; 99347-99350; 99381-99387; 99391-99397; 99401- 99404; 99411-99412; 99483; 99492-99494; 99510	G0155; G0176- G0177; G0409; G0463; G0512; H0002; H0004; H0031; H0034; H0036-H0040; H2000; H2010- H2011; H2013- H2020; T1015
<b>Telephone Visits</b>	98966-98968; 99441-99443	

## Exclusion Codes

Description	CPT	HCPCS
<b>Hospice Encounter</b>		G9473-G9479; Q5003-Q5008; Q5010-S9126; T2042-T2046
<b>Hospice Intervention</b>	99377-99378	G0182

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