

Fall Risk Management (FRM)

By working together, we can improve health outcomes for your patients, our members. The Healthcare Effectiveness Data and Information Set (HEDIS®) helps us measure many aspects of performance. This tip sheet provides key details of the HEDIS measure Fall Risk Management (FRM).

What is the Measure?

This measure is collected using the Medicare Health Outcomes Survey (HOS).

The two components of this measure assess different facets of fall risk management.

- **Discussing Fall Risk.** The percentage of persons with Medicare, 65 years of age and older, who were seen by a practitioner in the past 12 months and who discussed falls or problems with balance or walking with their current practitioner.
- **Managing Fall Risk.** The percentage of persons with Medicare, 65 years of age and older, who had a fall or had problems with balance or walking in the past 12 months, who were seen by a practitioner in the past 12 months and who received a recommendation for how to prevent falls or treat problems with balance or walking from their current practitioner.

Exclusions

Evidence from the Centers for Medicare & Medicaid Services administrative records of a hospice start date during the measurement period.

Eligible Population

Persons with Medicare, 65 years of age and older, as of December 31 of the measurement period.

Protocol and Survey Instrument

Collected using the HOS. Refer to HEDIS Volume 6: Specifications for the Medicare Health Outcomes Survey for the HOS questionnaires and data collection protocols.

Content reproduced with permission from HEDIS® MY2026, Volume 2: Technical Specifications for Health Plans by the National Committee for Quality Assurance (NCQA). HEDIS is a registered trademark of the National Committee for Quality Assurance (NCQA). HEDIS measures and specifications are not clinical guidelines and do not establish a standard of medical care. NCQA makes no representations, warranties, or endorsement about the quality of any organization or physician that uses or reports performance measures and NCQA has no liability to anyone who relies on such measures or specifications. Limited proprietary coding sets are contained in the specifications for convenience, and users should obtain all necessary licenses from the owners of the code sets. NCQA disclaims all liability for use or accuracy of any coding contained in the specifications. To purchase copies of the publication, including the full measures and specifications, visit NCQA.org/Publications.

Florida Blue and Florida Blue Medicare are independent licensees of the Blue Cross and Blue Shield Association.

124627 0126