

Fall Risk Management (FRM)

By working together, we can improve health outcomes for your patients, our members. The Healthcare Effectiveness Data and Information Set (HEDIS®) helps us measure many aspects of performance. This tip sheet provides key details of the HEDIS measure Fall Risk Management (FRM).

What is the Measure?

This measure is collected using the Medicare Health Outcomes Survey (HOS).

The two components of this measure assess different facets of fall risk management.

- **Discussing Fall Risk.** The percentage of persons with Medicare, 65 years of age and older, who were seen by a practitioner in the past 12 months and who discussed falls or problems with balance or walking with their current practitioner.
- **Managing Fall Risk.** The percentage of persons with Medicare, 65 years of age and older, who had a fall or had problems with balance or walking in the past 12 months, who were seen by a practitioner in the past 12 months and who received a recommendation for how to prevent falls or treat problems with balance or walking from their current practitioner.

Exclusions

Evidence from the Centers for Medicare & Medicaid Services administrative records of a hospice start date during the measurement period.

Eligible Population

Persons with Medicare, 65 years of age and older, as of December 31 of the measurement period.

Protocol and Survey Instrument

Collected using the HOS. Refer to HEDIS Volume 6: Specifications for the Medicare Health Outcomes Survey for the HOS questionnaires and data collection protocols.

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