

# Medication Therapy Management



Get the most out of your prescription drug benefit with Medication Therapy Management



## Medication Therapy Management has two parts:

### 1. Comprehensive Medication Review

During your yearly Comprehensive Medication Review, you will:

- ✓ **Talk one-on-one** with a licensed MTM pharmacist about your medications.
- ✓ **Learn more** about your medications, such as:
  - How they work
  - Possible side effects
  - If they are safe when taken with other drugs or supplements, and more
- ✓ **Get answers** to any questions you have about your medications.

After the review, you will get a complete list of your medications and an action plan on how to take them safely. If your MTM pharmacist has any concerns with your medications, they will contact your doctor as well.

### 2. Targeted Medication Review

Every few months, the MTM team will review your prescription claims to make sure there are no concerns, like a new prescription that doesn't work well with a medication you already take. The MTM team will let your doctor know if they find any issues with your medication.

## Get started with Medication Therapy Management

Taking part in MTM is at no extra cost to you. It is part of your Medicare Part D prescription drug benefit. Your MTM pharmacist may even find ways you can save money on your medications.

*(see reverse side)*

Florida Blue Medicare's Medication Therapy Management (MTM) program helps make sure the medications you take are safe and work well for you. Our team of pharmacists will work with you one-on-one to make sure you get the best results from the medications you take.

**Plus, they'll work with your doctor if there are any issues with your medications.**

## Here's how the Comprehensive Medication Review helps you

During this review, you'll meet one-on-one with your MTM pharmacist to talk about all your medications.

The review is private and will only take about 30 minutes.

- You'll discuss the medications you take as well as any supplements or over-the-counter medications. It's important for your doctor and your pharmacist to know everything you take because some medications may not mix well with supplements or other medications.
- Your pharmacist will ask about any side effects or problems you have with your medication. And they will suggest solutions to help, like changing what times you take certain medication.
- Your pharmacist will tell your doctor about any serious issues they uncover.



## Get answers to all your medication questions

Use this time with your MTM pharmacist to ask any questions you have about your medications. Maybe you have questions like:

- Why am I taking these medications?
- Do over-the-counter products work well with my medications?
- Can I save money on the cost of my medications?
- Are there more affordable alternatives to the medication I take?

## Save money on your medications

Taking part in the MTM program may also help you save money on your medications. Your Comprehensive Medication Review may show that you don't need all the medications you take. Your MTM pharmacist also may be able to suggest lower-cost medications that will work for you.

The MTM program may help you:

- Find out if there are generic versions of the brand-name medications you take.
- See how your plan's drug list (called a formulary) can help you save money.
- Discover if you are taking any duplicate medications.

## Schedule your Comprehensive Medication Review today.



**Call Florida Blue Medicare  
MTM at 1-833-823-5457**  
(TTY 1-800-955-8770).

We're available Monday through Friday,  
9 a.m. – 6 p.m., ET, except holidays.



### Not interested in Medication Therapy Management program?

Simply call us at **1-833-823-5457** or email us at **MedicarePharmacyVM@bcbsfl.com** and let us know.  
We will not contact you again until next year about the MTM program.