

Enhancing Quality Care: Understanding HEDIS Measures

Understanding Healthcare Effectiveness Data and Information Set (HEDIS®) measures is important to delivering high-quality care to our members, your patients. These evidence-based metrics assess the quality of care provided to patients in various areas, including preventive care, chronic disease management, and behavioral health.

HEDIS measures play a critical role in ensuring our members receive high-quality care that meets nationally recognized standards. By tracking and reporting HEDIS measures, we can:

- Identify areas for quality improvement
- Evaluate the effectiveness of care management interventions
- Make informed decisions about care delivery and resource allocation

Key Focus Areas

- ***Behavioral Health and Substance Use***

Help us enhance care for mental health and substance use for Florida Blue members. We urge you to prioritize follow-up visits within seven and 30 days for patients with substance use and mental health conditions. By scheduling and conducting these timely follow-up visits, you can help prevent relapse, reduce hospital readmissions, and improve patient outcomes. The following HEDIS measures help support this key focus area:

- [Alcohol/Drug Abuse/Dependence: Follow Up After Emergency Department Visit for Alcohol and Other Drug Abuse or Dependence \(FUA\)](#)
- [Mental Illness: Follow-Up After Emergency Department Visit for Mental Illness \(FUM\)](#)
- [Mental Illness: Follow-Up After Hospitalization \(FUH\)](#)
- [Follow-Up After High-Intensity Care for Substance Use Disorder \(FUI\)](#)
- [Initiation and Engagement of Substance Use Disorder Treatment \(IET\)](#)

- ***Cancer Screenings***

Take a proactive approach to cancer care by prioritizing HEDIS measures for breast, cervical, and colorectal cancer screenings. Ensure your patients receive timely and effective screenings, as recommended by guidelines, to detect cancer at an early stage and improve treatment outcomes.

- [Breast Cancer Screening \(BCS\)](#)
- [Cervical Cancer Screening \(CCS\)](#)
- [Colorectal Cancer Screening \(COL\)](#)

- ***Statin Therapy***

Prescribe a 90-day medication supply when possible and promote the home delivery option to your patients. This can help improve their adherence and close the care gap.

- [Cardiovascular Disease: Statin Use in Patients with Cardiovascular Disease \(SPC\)](#)
- [Statin Use in Persons with Diabetes \(SPD\)](#)

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- ***Eye Exams for Patients with Diabetes***

Regular eye exams are essential for patients with diabetes, as they can help detect diabetic retinopathy and other eye complications early. We encourage you to identify patients with diabetes who are due for an eye exam and ensure patients understand the importance and need for a regular eye exam.

- [Eye Exam for Patients with Diabetes \(EED\)](#)

How Can You Help?

To ensure our members receive high-quality care and to optimize your performance on HEDIS measures:

1. **Familiarize yourself with HEDIS measures:** Review the HEDIS measure specifications and timelines for follow-up care.
2. **Track and monitor patient visits:** Ensure your staff tracks and monitors patient visits, including follow-up appointments and test results.
3. **Communicate with patients:** Educate patients on the importance of follow-up care and encourage them to attend scheduled appointments.
4. **Collaborate with care teams:** Work with care teams to coordinate care and ensure patients receive timely follow-up care.