




[Mammogram Toolkit Social Media Posts](#)

#Mammogram #BreastCancerAwarenessMonth #earlydetection #FloridaBlue

Post Content	Suggested Graphic
<p>Mammograms can find breast cancer early — up to three years before a lump can be felt. If you don't have health coverage, you may be able to get a low- or no-cost mammogram. Call the Florida Department of Health's Florida Cancer Program at 850-245-4144 or call a Florida Blue Center at 877-352-5830 and ask a community specialist for help.</p>	 <p>Busting Mammogram Myths</p> <p>Myth: Self-exams can replace your mammogram.</p> <p>Fact: Self-exams are important, but mammograms look for signs of disease before you have symptoms.</p>
<p>Most health plans cover yearly screening mammograms for women aged 40 and older at a \$0 copay. If you don't have health coverage, you may be able to get a low- or no-cost mammogram. Call the Florida Department of Health's Florida Cancer Program at 850-245-4144 or read more here.</p>	 <p>Busting Mammogram Myths</p> <p>Myth: I can't afford a mammogram.</p> <p>Fact: It may not be as much as you think – and it could be \$0.</p>
<p>Black women are more likely to die from breast cancer than white or Hispanic women. Mammograms are the key to finding breast cancer early. Now is the perfect time to make your health Priority #1. Learn more about mammograms and where you may be able to get screened for low or no cost.</p>	 <p>Did you know?</p> <p>Black Women and Breast Cancer</p>
<p>Among Hispanic women, breast cancer is the most common form of cancer and the leading cause of cancer-related deaths. Finding it early can save lives. Mammograms can find it up to three years before a lump can be felt. Learn more about mammograms and how you may be able to get screened for low or no cost.</p>	 <p>Did you know?</p> <p>Hispanic Women and Breast Cancer</p>