

## It Is That Time of Year: Remind Patients to Get Their Flu Shots

Flu season is upon us, and we support your efforts in helping the people in our communities stay healthy and safe. Our member and community outreach focuses on reducing the number of office and emergency room visits, hospitalizations, and deaths due to influenza (flu).

## **Vaccinations Strongly Encouraged**

We are encouraging everyone eligible for an annual flu shot to get one as soon as possible this year. Additionally, we are reminding our members to call their providers and make sure they are **current on all vaccinations**. We are especially focused on vulnerable groups such as older adults, pregnant women, and those with chronic diseases. Parents should also make sure their children are current on all vaccinations.

## **Where Members Can Get Flu Shots**

If our members are unable to schedule their flu vaccine with you, please direct them to in-network pharmacies, including Walgreens, who will be providing Regular, Quadrivalent and high-dose flu vaccines. For patients who do not have insurance, Walgreens has a limited number of vouchers to provide the flu vaccine at no cost.

Members and the public can get their flu shot at one of our Florida Blue Centers. Our centers around the state are offering vaccinations from 10 a.m. to 1 p.m. on these dates:

- Thursday, October 13
- Saturday, October 29
- Saturday, November 12

Appointments are recommended and can be scheduled at <u>scheduler.floridablue.com</u>. By entering their zip code, patients can schedule an appointment at the Florida Blue Center nearest them.

Together, we can ensure more people get their flu vaccinations and continue to take recommended precautions so patients, members, families, and communities have a safer, healthier fall and winter.