

October 2024

Federal Employee Program Asthma Medication Ratio

This year, Federal Employee Program® (FEP) members ages 5-64 **with persistent asthma and more than four asthma medication dispensing events** will receive an email highlighting the importance of adhering to their asthma medication regimen. It will also encourage them to take an active role in managing their condition.

The purpose of the member outreach is to urge members to use their asthma control medication regularly and to only use rescue inhalers with sudden symptoms. Members should not be using asthma rescue medications more than control medications. The ratio of control medications dispensed over total asthma medications dispensed should be greater than 50%.

How You Can Help Your Patients

- Consider prescribing the control medication in 90-day increment prescriptions with refills to ensure the patient does not run out of it.
- Ask if your patient has a barrier to filling the prescription.
- Confirm the patient is not using more rescue medications than preventive medication to control their asthma (i.e., patients use rescue medications 50% less than preventive medications).
- Schedule follow-up appointments.
- Ensure the patient receives prescriptions during the checkout process.
- Recommend refills by mail order, as this may make it easier for the patient to always have the medications they need. Members can call the Mail Service Pharmacy Program at 1-800-262-7890 or visit [FEPBlue.org](https://www.fepblue.org).

If your patients have questions about their benefits and claims, they may contact our Customer Service team for help at 1-800-333-2227 (TTY users, call 711). We are available Monday-Thursday from 8 a.m. - 6 p.m. and Friday from 9 a.m. to noon, ET. Members may also visit [FEPBlue.org](https://www.fepblue.org) for more information.

To learn more about the Asthma Medication Ratio (AMR) Healthcare Effectiveness Data and Information Set (HEDIS^{®1}) measure for FEP members, click [here](#). You may also visit FloridaBlue.com, select **For Providers**, navigate to **Programs**, then **Quality Programs: HEDIS & PQA**.

¹HEDIS is a registered trademark of the National Committee for Quality Assurance (NCQA).