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Every Reading Counts:
Your Contribution to Better Blood Pressure Outcomes
Effective Hypertension Management is Crucial

As a clinician, you play a vital role in improving health outcomes and helping patients achieve their goals, particularly in managing blood pressure to prevent heart attacks and strokes.

By documenting your efforts and outcomes, you can demonstrate your impact and enhance patient care by ensuring all relevant information is shared with other health care providers. Below are a few quick tips and codes to help make it easier.

Controlling Blood Pressure (CBP): Best Practices and Helpful Tips

Check blood pressure at all patient visits and prioritize follow-up appointments for hypertensive patients.

Have the member check blood pressure with an automated cuff at home during telehealth visits.

Document blood pressure values as captured. Do not round up. Do not include ranges or averages.

For members with chronically elevated blood pressure, consider lifestyle modifications and/or changing medication or dosage.

If the blood pressure is elevated, retake and document additional measurements in the medical record.

Document appropriate ICD-10 and Current Procedural Terminology Category II (CPT® II) codes to reflect data captured during office and telehealth visits.

CPT II Codes and Descriptions

Systolic	Diastolic
<130 mmHg: 3074F	<80 mmHg: 3078F
130-139 mmHg: 3075F	80-89 mmHg: 3079F
≥140 mmHg (non-compliant): 3077F*	≥90 mmHg (non-compliant): 3080F*

*Non-compliant blood pressure readings should be submitted for HEDIS reporting requirements. It also helps target members for initiatives and care management services.

Keep this chart handy for coding appropriate ICD-10 codes for your hypertensive patients

Disease State	Code Description	ICD-10
Hypertension Controlled	Essential (primary) hypertension	I10
Hypertension with Heart Disease	Hypertensive heart disease without heart failure	I11.9
Hypertensive Chronic Kidney Disease	Hypertensive chronic kidney disease	I12
	Hypertensive CKD with stage 5 CKD or ESRD	I12.0
	Chronic kidney disease, stage 5	N18.5**
	End stage renal disease	N18.6**
	Hypertensive CKD with stage 1-4 CKD, or unspecified CKD	I12.9
	Chronic kidney disease, stages 1-4	N18.1-N18.4**
	Chronic kidney disease, unspecified	N18.9**
Transient Hypertension	Elevated blood-pressure reading, without diagnosis of hypertension	R03.0
Dependence on Renal Dialysis	Dependence on renal dialysis	Z99.2

**Use additional code to identify the stage of chronic kidney disease.

For questions about the CBP measure and related coding tips, contact us at MedicareStarsTeam@bcbsfl.com.

The information provided is based on Healthcare Effectiveness Data and Information Set (HEDIS®[1]) measures. For more information, visit FloridaBlue.com. Select *For Providers*, then *Programs*, and navigate to *Quality: HEDIS & PQA Measures*.

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