

**January 2024**

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## **FEP Member Outreach Promoting Statin Medication Adherence in Patients With Cardiovascular Disease**

Starting in February, we will be sending a letter to select members with Federal Employee Program® (FEP) plans in a primary insurance to encourage adherence to statin medication regimens. Recipients will be male members 21-75 years of age and female members 40-75 years of age, diagnosed with clinical atherosclerotic cardiovascular disease (ASCVD), and dispensed at least one high- or moderate-intensity statin during the 2024 measurement year.

This initiative aligns with the Healthcare Effectiveness Data and Information Set (HEDIS®<sup>1</sup>) quality measure, **Statin Therapy for Patients with Cardiovascular Disease - Statin Adherence (SPC)**.

Members will receive a letter encouraging them to get a first, second, and third 90-day supply of qualifying statin cholesterol medications. Additionally, our FEP Clinical Quality team will make quarterly member calls to reinforce the importance of routinely taking statin cholesterol medication.

### **How You Can Help Your Patients in This Effort**

- Discuss with each patient the reason for a specific medication and explain the role and importance of statin therapy.
- Identify and resolve patient-specific adherence barriers or concerns, such as the prescription's health benefits, side effects, cost, and timely refills.
- Recommend automatic refills, as appropriate, so the prescription is ready at the same time for every refill and the pharmacy provides notification when the refill is ready.
- Recommend refills by mail order. Members can call the Mail Service Pharmacy Program at 1-800-262-7890 or visit [FEPBlue.org](https://www.fepblue.org).
- Educate the patient on the benefits of lifestyle modifications in coordination with statin therapy.

If your FEP primary patients have questions about their benefits and claims, they can contact our Customer Service team at 1-800-333-2227 (TTY users, call 711). We are available Monday – Thursday, 8 a.m. – 6 p.m. and Friday 9 a.m. – noon, ET. Your patients may also visit [FEPBlue.org](https://www.fepblue.org) for more information.

To learn more about the SPC HEDIS measure for FEP members, click [here](#) or visit [FloridaBlue.com](https://www.floridablue.com). Select Tools & Resources, Programs, Federal Employee Program, then FEP Quick Reference Guide.

<sup>1</sup>HEDIS is a registered trademark of the National Committee for Quality Assurance (NCQA).

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