

## Diabetes Screening May Improve Health Outcomes for Patients on Antipsychotic Medications

Antipsychotic medications can increase the risk for diabetes, even among younger patients. Following guidelines for **Diabetes Screening for Members on Antipsychotic Medications** and **Antipsychotic Medication Compliance for Patients with Schizophrenia** may help improve outcomes for members with behavioral health conditions.

### Quality of care measures include:

- 1) **Diabetes Screening for Members on Antipsychotic Medications.** Taking antipsychotics can increase the risk for diabetes. For early detection and management, we recommend **annual diabetes screening** for members with schizophrenia, schizoaffective disorder, or bipolar disorder who take antipsychotic medications.

Specifically:

- Screen members with a glucose or an HgbA1c test and document the result in the medical records.
  - If you are a behavioral health provider, order diabetic screening tests for members who do not see a PCP regularly. Also, coordinate care by sharing test results with the member's PCP.
- 2) **Antipsychotic Medication Compliance for Patients with Schizophrenia.** Up to 60% of individuals diagnosed with schizophrenia do not take medications as prescribed. This may lead to negative outcomes like hospitalization and interference with the recovery process. We recommend the following activities to support antipsychotic medication adherence:
    - Discuss barriers related to adherence.
    - Encourage the use of reminder aids.
    - Enlist and train family members and caregivers to assist with management of daily medications.
    - **Use Lucet Behavioral Health\* Network and Case Management Services.** You can receive support coordinating care for your patients by calling the Lucet case management number at **1-866-350-2280**. Hours are 7:30 a.m. to 5:30 p.m., Monday through Friday.

\*Lucet, formerly known as New Directions Behavioral Health, manages behavioral health services and programs on behalf of Florida Blue Medicare.

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