



As a caregiver, you deserve help, too.

Florida Blue 
Your Health Solutions Partner

At Florida Blue, we're here to support you with resources to make your caregiving journey a little easier.

Online Resources

At **FloridaBlue.com/Caregiver** you'll find helpful information for caregivers, including:

- How to create a caregiver plan
- Legal forms you may need as a caregiver
- Resources for caring for older loved ones
- Our new **Caregiver Guide**
- **And more!**

Community Specialists

Our team of Community specialists at our Florida Blue Centers are ready to help you with:

- Support groups for caregivers
- Food programs and financial support
- Transportation
- Government programs
- Military and Veteran Services
- **All at no extra cost to you.**

Support Groups

Scan this QR code to join our Facebook support group, Caregiver Connections.



**We're committed
to helping caregivers like you thrive.**

Scan the QR code or
visit **FloridaBlue.com/
Caregiver**
to find these
resources
and more.



Find a Florida Blue Center today.

With locations all across the state, find one closest to you at **FloridaBlue.com/Centers**.



Call 1-877-352-5830 for help by phone.



Center hours: Monday
- Friday, 9 a.m. – 7 p.m.
Saturday, 9 a.m. – 4 p.m.