

## Depression Screening and Follow Up for Adolescents and Adults (DSF-E)

By working together, we can improve health outcomes for your patients, our members. The Healthcare Effectiveness Data and Information Set (HEDIS®) helps us measure many aspects of performance. This tip sheet provides key details of the HEDIS measure for Depression Screening and Follow Up for Adolescents and Adults (DSF-E).

### What is the Measure?

The percentage of persons, 12 years of age and older, who were screened for clinical depression using a standardized instrument and, if screened positive, received follow-up care.

- *Depression Screening.* The percentage of persons who were screened for clinical depression using a standardized instrument.
- *Follow Up on Positive Screening.* The percentage of persons who received follow-up care within 30 days of a positive depression screen finding.

### Exclusions

- Persons who use hospice services or elect to use a hospice benefit any time during the measurement period.
- Persons who die any time during the measurement period.
- Persons with history of bipolar disorder any time during the person's history through the last day of the year prior to the measurement period.
- Persons with depression that starts during the measurement period prior to the current measurement period.

### Denominator

#### Eligible Population:

##### *Depression Screening*

- Persons, 12 years of age and older, who were screened for clinical depression using a standardized instrument during the measurement period, January 1 – December 1.

##### *Follow-Up on Positive Screen*

- Persons, 12 years of age and older, who were screened for clinical depression using a standardized instrument with a positive finding for depression during the measurement period, January 1 – December 31.

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## Numerator

### Depression Screening

- Persons with a documented result for depression screening, using an age-appropriate standardized instrument, performed during the measurement period, January 1 – December 1
- **Follow up on Positive Screening**
- Persons who received follow-up care on or up to 30 days after the date of the first positive screening (31 total days).

Any of the following on or up to 30 days after the first positive screening:

- An outpatient, telephone, e-visit, or virtual check-in follow-up visit with a diagnosis of depression or other behavioral health condition.
- A depression case management encounter that documents assessment for symptoms of depression or a diagnosis of depression or other behavioral health condition.
- A behavioral health encounter, including assessment, therapy, collaborative care, or medication management.
- A diagnosis of encounter for exercise counseling.
- A dispensed antidepressant medication.

**OR**

- Documentation of additional depression screening on a full-length instrument indicating either no depression or no symptoms that require follow up (i.e., a negative screening) on the same day as a positive screening on a brief screening instrument.  
*For example*, if there is a positive screening resulting from a PHQ-2 score, documentation of a negative finding from a PHQ-9 performed on the same day qualifies as evidence of follow up.

### Depression Screening Instruments

A standard assessment instrument normalized and validated for the appropriate patient population. Eligible screening instruments with thresholds for positive findings include:

Depression Screening		
Instruments for Adolescents (≤17 Years)	Total Score LOINC Codes	Positive Finding
Patient Health Questionnaire® (PHQ-9)	44261-6	Total score ≥10
Patient Health Questionnaire Modified for Teens (PHQ-9M)	89204-2	Total score ≥10
Patient Health Questionnaire-2 (PHQ-2) <sup>1</sup>	55758-7	Total score ≥3
Beck Depression Inventory – Fast Screen® (BDI-FS) <sup>1,2</sup>	89208-3	Total score ≥8
Center for Epidemiologic Studies Depression Scale – Revised (CESD-R)	89205-9	Total score ≥17
Edinburgh Postnatal Depression Scale (EPDS)	99046-5	Total score ≥10
PROMIS Depression	71965-8	Total score (T Score) ≥60

Depression Screening		
Instruments for Adults (18+ Years)	Total Score LOINC Codes	Positive Finding
Patient Health Questionnaire (PHQ-9)	44261-6	Total score $\geq 10$
Patient Health Questionnaire-2 (PHQ-2) <sup>1</sup>	55758-7	Total score $\geq 3$
Beck Depression Inventory – Fast Screen (BDI-FS) <sup>1,2</sup>	89208-3	Total score $\geq 8$
Beck Depression Inventory (BDI-II)	89209-1	Total score $\geq 20$
Center for Epidemiologic Studies Depression Scale – Revised (CESD-R)	89205-9	Total score $\geq 17$
Duke Anxiety – Depression Scale® (DUKE-AD) <sup>2</sup>	90853-3	Total score $\geq 30$
Geriatric Depression Scale Short Form (GDS) <sup>1</sup>	48545-8	Total score $\geq 5$
Geriatric Depression Scale Long Form (GDS)	48544-1	Total score $\geq 10$
Edinburgh Postnatal Depression Scale (EPDS)	99046-5	Total score $\geq 10$
My Mood Monitor® (M-3)	71777-7	Total score $\geq 5$
PROMIS Depression	71965-8	Total score (T Score) $\geq 60$
PROMIS Emotional Distress – Depression – Short Form	77861-3	Total score (T Score) $\geq 60$
Clinically Useful Depression Outcome Scale (CUDOS)	90221-3	Total score $\geq 31$

<sup>1</sup>Brief screening instrument. All other instruments are full-length.

<sup>2</sup>Proprietary; may be cost or licensing requirement associated with use.

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