

GLP-1 Prior Authorization Requirement for Commercial Plans Effective April 1, 2025

We are sharing essential reminders and updates regarding the prior authorization process, policies, and medical criteria specific to Glucagon-like Peptide 1 (GLP-1) medications. Effective April 1, 2025, members with a Florida Blue commercial plan¹ currently on a prescribed GLP-1 therapy will be required to have a prior authorization on file from a provider. We ask that you share the following information with your Florida Blue patients as necessary.

What You Need to Know

Florida Blue commercial plans only cover GLP-1 drugs when prescribed for the treatment of type 2 diabetes. **Florida Blue does not cover or approve prior authorization requests for off-label indications.**

For commercial plans, please keep in mind the following GLP-1 prior authorization criteria:

- Providers are **required to provide clinical documentation of type 2 diabetes diagnosis** when submitting a request for approval.
- Providers **must submit documentation indicating the patient has tried and failed metformin, other metformin combination drugs, or insulin to demonstrate medical necessity for GLP-1 approval.**
- If a patient is **not a type 2 diabetic or does not have the clinical documentation necessary** to support your request, the authorization request will be denied.

What Florida Blue Covers for the GLP-1 Drug Class

For commercial plans, please reference our Medical & Pharmacy Policies and Guidelines on our provider website on FloridaBlue.com. Select [Pharmacy Utilization Management](#) and in the Prior Authorization section, navigate to [Prior Authorization Information and Authorization Forms](#).

Listed below are the preferred GLP-1 drugs covered by Florida Blue for **type 2 diabetes with clinical documentation for a diabetes diagnosis.**

- Mounjaro
- Ozempic
- Rybelsus
- Trulicity

What Florida Blue Does *Not* Cover for the GLP-1 Drug Class

Medications used for weight loss/management are excluded from coverage under Florida Blue's health insurance plans. Requesting an authorization for drugs like **Wegovy, Zepbound, Saxenda, or other medications for weight loss/management will result in denial and patients will have to pay out of pocket.** Avoiding these submissions will support greater efficiencies with the prior authorization process.

Note: Florida Blue offers a variety of [wellness programs](#) for no extra cost at local Florida Blue Centers and online. Programs include **nutrition, weight management, exercise, cholesterol, diabetes, heart health, stress management, and more.** Providers are encouraged to remind their Florida Blue patients of these valuable offerings.

¹Applicable to the following commercial plans: BlueChoice, BlueOptions, BlueSelect, BlueCare, myBlue, SimplyBlue, and Truli for Health. This list is current as of the publication date of this bulletin.

Where to Submit a Prior Authorization Request

Prior authorizations for GLP-1 prescriptions ensures all necessary clinical criteria for coverage have been met. Prior authorization requests should be sent to Prime Therapeutics for review via the following link: [CoverMyMeds](#). Submitting a pharmacy prior authorization can be straightforward, but there are several factors to consider.

- **Submit a Prior Authorization Request One Time Only** and be sure to **include all the required information** with your prior authorization request. A request completed correctly will be reviewed and processed quickly, within regulatory timelines. Submitting multiple requests with the same information delays the process.
- **Response Time Is Key:** If Prime Therapeutics reaches out for additional information, please **respond as soon as possible**. If you submit urgent pharmacy requests, you have **48 hours** to respond to inquiries. Otherwise, the decision will be based on available information and could result in an **unnecessary denial**.

How You Can Help

Consider the information above when assessing diabetic patients' treatment needs. Only submit prior authorization requests for GLP-1 drugs **when the criteria are met**. You can find our GLP-1 prior authorization criteria questions at [myPrime.com](#) before submitting your request to [CoverMyMeds](#).

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