

Blood Pressure Control for Patients with Hypertension (BPC-E)

By working together, we can improve health outcomes for your patients, our members. The Healthcare Effectiveness Data and Information Set (HEDIS®) helps us measure many aspects of performance. This tip sheet provides key details of the HEDIS measure for blood pressure control for patients with hypertension (BPC-E).

What Is the Measure?

The percentage of members 18–85 years of age who had a diagnosis of hypertension (HTN) and whose most recent blood pressure (BP) was <140/90 mm Hg during the measurement period.

Exclusions

- Members who use hospice services or elect to use a hospice benefit any time during the measurement year.
- Members who die any time during the measurement year.
- Members receiving palliative care any time during the measurement period.
- Members who had an encounter for palliative care any time during the measurement period. Do not include laboratory claims.
- Members with a non-acute inpatient admission during the measurement period.
 - To identify non-acute inpatient admissions:
 1. Identify all inpatient admissions, acute and non-acute.
 2. Confirm the stay was for non-acute care based on the presence of a non-acute code on the claim.
 3. Identify the admission date for the stay.
- Members with a diagnosis that indicates end-stage renal disease (ESRD), any time during the member's history on or prior to the last day of the measurement period. Do not include laboratory claims.
- Members with a procedure that indicates ESRD: dialysis, nephrectomy, or kidney transplant any time during the member's history on or prior to the last day of the measurement period.
- Members with a diagnosis of pregnancy any time during the measurement period. Do not include laboratory claims.
- Members 66–80 years of age as of the last day of the measurement period (all product lines) with frailty and advanced illness. Members must meet both frailty and advanced illness criteria to be excluded:
 1. **Frailty.** At least two indications of frailty with different dates of service during the measurement period. Do not include laboratory claims.
 2. **Advanced Illness.** Either of the following during the measurement period or the year prior to the measurement period:

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- Advanced illness on at least two different dates of service. Do not include laboratory claims.
 - Dispensed dementia medication.
- Members 81 years of age and older as of the last day of the measurement period with at least two indications of frailty with different dates of service during the measurement period.

Denominator

Eligible Population:

Members who are 18-85 years old as of the last day of the measurement period who meet either of the following criteria:

- At least two outpatient visits, telephone visits, e-visits, or virtual check-ins on different dates of service with a diagnosis of hypertension on or between January 1 of the year prior to the measurement period and June 30 of the measurement period.
- At least one outpatient visit, telephone visit, e-visit, or virtual check-in with a diagnosis of hypertension and at least one dispensed anti-hypertensive medication on or between January 1 of the year prior to the measurement period and June 30 of the measurement period.

Numerator

The systolic and diastolic BP values <140/90 from the most recent day a BP was recorded during the measurement period, on or after the date of the second hypertension event.

Do not include BPs taken in an acute inpatient setting or ED visit. If there are multiple BPs on the same date of service, use the last BP reading on that date as the representative BP.

The member is numerator compliant if the representative BP is <140/90 mm Hg. The member is not compliant if the BP is ≥140/90 mm Hg, if there is no BP reading during the measurement period, or if the reading is incomplete (e.g., the systolic or diastolic level is missing).

If the most recent BP was identified based on a Current Procedural Terminology Category II (CPT® II) code, use the following to determine compliance:

- Systolic **Compliant**: CPT II codes: 3075F, 3074F
- Systolic Not Compliant: CPT II code: 3077F
- Diastolic **Compliant**: CPT II codes: 3079F, 3078F
- Diastolic Not Compliant: CPT II code: 3080F

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