

Statins for Patients with Diabetes and Cardiovascular Disease HEDIS and PQA Quality Measures

More than 2.3 million Floridians are living with diabetes¹ and over 900,000 with heart disease². A sizable number of our adult members, your patients, are included in this population and we believe, together, we can help improve their health.

For your patients with **diabetes and/or cardiovascular disease**, observing the following Pharmacy Quality Alliance (PQA) and Healthcare Effectiveness Data and Information Set (HEDIS^{®3}) quality measures will help improve their health outcomes. Meeting these quality measures also supports us with performance for these conditions.

- [Statin Therapy for Patients with Diabetes \(SPD\) PQA Measure](#): Assesses adults 40-75 years of age who have diabetes and do not have clinical atherosclerotic cardiovascular disease (ASCVD), who received and adhered to statin therapy.
- [Statin Therapy for Patients with Cardiovascular Disease \(SPC\) HEDIS Measure](#): Assesses males 21-75 years of age and females 40-75 years of age who have clinical ASCVD and who received and adhered to statin therapy.

Additionally, the American College of Cardiology (ACC) and American Heart Association (AHA) guidelines state⁴:

- Statins of moderate or high intensity are recommended for adults with established clinical ASCVD.
- Statins for primary prevention of ASCVD in patients with diabetes, based on age and other risk factors.
- Statin adherence will aid in ASCVD risk reduction in both populations.

How You Can Help

In addition to observing the quality measures and guidelines referenced above, we are relying on you to help your patients with diabetes and/or cardiovascular disease by ensuring the following:

- ✓ See your patient gets onto, or remains on, an **appropriate intensity statin**. Our formulary includes many affordable statins, and a \$0 copayment may apply.
- ✓ Provide your patient with a **90-day prescription with automatic refills** at their preferred pharmacy.
- ✓ Educate your patient on the **importance of adhering** to their statin medication.

For more information about these and other HEDIS quality measures, visit [FloridaBlue.com](https://www.floridahealth.com). Select *For Providers* and navigate to *Programs*, then *Quality: HEDIS & PQA Measures*.

Thank you for the care and support you deliver to our members.

¹ <https://floridiabetesalliance.org/florida-state-statistics/>

² <https://www.floridahealth.gov/diseases-and-conditions/heart-disease/index.html>

³ HEDIS is a registered trademark of the National Committee for Quality Assurance (NCQA).

⁴ <https://www.ncqa.org/hedis/measures/statin-therapy-for-patients-with-cardiovascular-disease-and-diabetes/#:~:text=The%20American%20Diabetes%20Association%20and,risk%20reduction%20in%20both%20populations.>

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