

Statin Therapy for Patients with Diabetes (SPD-E)

By working together, we can improve health outcomes for your patients, our members. The Healthcare Effectiveness Data and Information Set (HEDIS®) helps us measure many aspects of performance. This tip sheet provides key details of statin therapy for patients with diabetes (SPD-E).

What Is the Measure?

The percentage of persons ages 40-75 years old during the measurement period with diabetes who do not have clinical atherosclerotic cardiovascular disease (ASCVD) and who met the following criteria.

- **Received Statin Therapy:** Persons who were dispensed at least one statin medication of any intensity during the measurement year
- **Statin Adherence 80%:** Persons who remained on a statin medication of any intensity for at least 80% of the treatment period

Exclusions

- Persons in hospice or using hospice services during the measurement period
- Persons receiving palliative care in the measurement period
- Persons who have died during the measurement period
- Persons who received Invitro fertilization, had a diagnosis of pregnancy or were dispensed at least one prescription for clomiphene during the measurement period
- Persons with a diagnosis of End Stage Renal Disease (ESRD) or cirrhosis, or who received dialysis during the measurement period or the year prior to the measurement period
- Persons with myalgia, myositis, myopathy or rhabdomyolysis during the measurement period
- Persons with myalgia or rhabdomyolysis caused by a statin any time during the person's history through the last day of the measurement period
- Persons discharged from an inpatient setting with a myocardial infarction on the discharge claim during the year prior to the measurement period
- Persons with coronary artery bypass graft, percutaneous coronary intervention, or other revascularization procedures in any setting during the year prior to the measurement period
- Persons who had at least two diagnoses of ASCVD on different dates of service during the measurement period or the year prior to the measurement period

Denominator

Received Statin Therapy: Persons who were dispensed at least one statin medication of any intensity during the measurement year

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Numerator

Received Station Therapy

- At least one dispensing event for a high-intensity, moderate-intensity or low-intensity statin medication during the measurement period.

Statin adherence 80%

- Proportion of days covered (PDC) of at least 80% during the treatment period

Statin Medications

- Atorvastatin (+/- amlodipine)
- Fluvastatin
- Lovastatin
- Pravastatin
- Rosuvastatin (+/- ezetimibe)
- Pitavastatin
- Simvastatin (+/-ezetimibe)

Best Practices

- Encourage persons to use their Florida Blue card at the pharmacy to generate pharmacy claims and capture person compliance.
- Reinforce the role and importance of statin therapy. Together, identify and resolve person-specific adherence barriers or concerns, such as the health benefits, side effects, cost, and timely refills.
- Statin use should always be accompanied by lifestyle modifications focused on diet and weight loss to improve a patient's lipid panel.

Measure updates will not be reflected in gap closures until the measure requirements are shared in the fall.

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